

Position	First Name	Last Name	Time	Bib Number	Gender	Distance
1	David	Wesson	00:26:17	124	Male	5km
2	Sebastian	Fieberg	00:28:18	169	Male	5km
3	Matthew	Thomas	00:29:39	118	Male	5km
4	Mark	Kranenburg	00:29:46	212	Male	5km
5	Brian	Thomas	00:32:08	119	Male	5km
6	Kate	Thomas	00:32:45	117	Female	5km
7	Scott	Anderson	00:32:49	8	Male	5km
8	Suellen	Emary	00:33:01	215	Female	5km
9	Ryan	Anderson	00:33:37	9	Male	5km
10	Aaron	Ellman	00:33:51	79	Male	5km
11	Louise	Du Plessis	00:34:21	31	Female	5km
12	Dean	Cowling	00:34:36	2898	Male	5km
13	Mary Ann	Wagner	00:34:39	156	Female	5km
14	Raymond	Garde	00:34:46	46	Male	5km
15	Alexander	van der Leek	00:35:03	65	Male	5km
16	Lance	Wyne	00:35:06	47	Male	5km
17	Annabel	Meere	00:35:07	172	Female	5km
18	Vernon	Erfort	00:35:16	83	Male	5km
19	John	Macey	00:35:24	218	Male	5km
20	Christelle	Beauviche	00:35:25	189	Female	5km
21	Alexander	Joist	00:35:26	199	Male	5km
22	Karien	Bothma	00:35:29	5	Female	5km
23	Debbie	Rorich	00:35:30	93	Female	5km
24	Sandy	Raffaelli	00:35:31	94	Female	5km
25	Jacob	Davel	00:35:32	92	Male	5km
26	Craig	Knight	00:35:33	192	Male	5km
27	Edmari	Du Plessis	00:35:34	32	Female	5km
28	Tracey	Whittaker	00:35:35	140	Female	5km
29	Cobus	Breytenbach	00:35:44	139	Male	5km
30	Marisa	Breytenbach	00:35:45	138	Female	5km
31	Alexandra	Wilfart	00:35:55	141	Female	5km
32	Roz	de Muynk	00:35:59	21	Female	5km
33	Shanna	Midlane	00:36:03	201	Female	5km
34	Kim	Thornton	00:36:26	55	Female	5km
35	Brondwyn	Douglas	00:36:27	11	Female	5km
36	Dana	Murphy	00:36:29	136	Female	5km
37	Sally	Bottger	00:36:30	137	Female	5km
38	Julia	van der Leek	00:36:32	66	Female	5km
39	Faye	Jones	00:36:32	206	Female	5km
40	Chad	Cobbledick	00:36:48	186	Male	5km
41	Alana	van Eeden	00:37:15	40	Female	5km
42	Jenna	Swanson	00:37:36	41	Female	5km
43	Kenneth	Mckenzie	00:37:48	216	Male	5km
44	Nicola	Hayward	00:38:03	146	Female	5km
45	Samantha	Hayward	00:38:05	145	Female	5km
46	Chelsea	Saharin	00:38:06	174	Female	5km
47	Monika	Midlane	00:38:15	200	Male	5km
48	Mariska	Fieberg	00:38:18	168	Female	5km
49	Terry	Pheiffer	00:38:19	103	Female	5km
50	Zonja	Gregg	00:38:30	220	Female	5km
51	Ben	Klerck	00:38:31	129	Male	5km
52	David	Douglas	00:38:32	12	Male	5km
53	Christiaan	Hanekom	00:38:33	205	Male	5km

54	Nadine	Uys	00:38:34	204	Female	5km
55	Sue	Brown	00:38:39	214	Female	5km
56	Lesley	Arbrecht	00:38:47	25	Male	5km
57	Lindsey	Pettit	00:38:53	193	Female	5km
58	Peter	Donaldson	00:39:30	17	Male	5km
59	Taylor	Larcombe	00:40:00	96	Female	5km
60	Alison	Larcombe	00:40:01	95	Female	5km
61	Kathie	Troost	00:40:11	166	Female	5km
62	Marina	Rodgers	00:40:23	176	Female	5km
63	Tracey	Ellman	00:40:36	80	Female	5km
64	Ophelia	Anderson	00:40:42	10	Female	5km
65	Bev	Gregory	00:40:56	13	Female	5km
66	Sharon	Steyn	00:41:00	173	Female	5km
67	Luke	Carter	00:41:08	74	Male	5km
68	Ohann	Janse van Rensburg	00:41:09	175	Male	5km
69	Clara	Machado	00:41:18	2938	Female	5km
70	Jessica	Mulder	00:41:31	182	Female	5km
71	Siobhán	Sweeney	00:41:36	228	Female	5km
72	Caitlin	O'Donovan	00:41:45	222	Female	5km
73	Michaela	O'Donovan	00:41:46	224	Female	5km
74	Kyle	Naylor	00:41:48	162	Male	5km
75	Emma	Bone	00:41:49	163	Female	5km
76	Karen	Hampson	00:42:10	127	Female	5km
77	Lisa-Jane	Wilson	00:42:15	37	Female	5km
78	Rachel	John	00:42:17	104	Female	5km
79	Corinne	Van den Berg	00:42:18	105	Female	5km
80	Jo	Van den Berg	00:42:19	36	Female	5km
81	Keegan	Smith	00:42:20	35	Male	5km
82	Jonathan	Carter	00:42:25	73	Male	5km
83	Michelle	Knight	00:42:33	195	Female	5km
84	Kirsten	Harris	00:43:13	219	Female	5km
85	Natalie	Hill	00:43:15	221	Female	5km
86	Michelle	Shortt	00:43:23	191	Female	5km
87	Fiona	Arenhold	00:44:08	217	Female	5km
88	Jennifer	Boast	00:44:38	30	Female	5km
89	Anna	Cartwright	00:44:42	230	Female	5km
90	James	Ward	00:45:09	16	Male	5km
91	Adele	Goncalves	00:45:21	15	Female	5km
92	Helge	Lau	00:45:22	24	Female	5km
93	Nicole	Martin	00:45:23	23	Female	5km
94	Caitlin	van Willingh	00:45:29	28	Female	5km
95	Megan	Melidonis	00:45:30	29	Female	5km
96	Libby	Bailey	00:45:33	52	Female	5km
97	Jo-Anne	Whitford	00:45:34	51	Female	5km
98	Nathan	Wilson	00:45:47	38	Male	5km
99	Marlene	Nel	00:45:52	167	Female	5km
100	Nancy	Joubert	00:45:53	170	Female	5km
101	Ava	Kranenburg	00:45:55	210	Female	5km
102	Noelle	Mackenzie	00:46:02	183	Female	5km
103	Danielle	Walker	00:46:26	1462	Female	5km
104	Dee	Klassen	00:46:27	1461	Female	5km
105	Willem	Janse van Vurren	00:46:34	229	Male	5km
106	Madison	Kranenburg	00:47:27	211	Female	5km
107	Alison	Kranenburg	00:47:27	209	Female	5km

108	Richard	Morris	00:47:32	171	Male	5km
109	Genine	Erfort	00:47:38	84	Female	5km
110	Ronald	Anderson	00:47:40	7	Male	5km
111	Katie	Cartwright	00:47:46	2937	Female	5km
112	Lynn	Van Rooyen	00:47:51	126	Female	5km
113	Jordan	Pieterse	00:47:56	27	Male	5km
114	Shirley	Pettit	00:48:11	194	Female	5km
115	Angila	Kent	00:48:20	76	Female	5km
116	Andrew	Sporg	00:48:46	98	Male	5km
117	Sabina	Sporg	00:48:47	97	Female	5km
118	Rene	Baumann	00:04:48	157	Male	5km
119	Kiki	Sporg	00:49:03	113	Female	5km
120	Tam	Sporg	00:49:04	112	Female	5km
121	Ronel	Burger	00:49:39	143	Female	5km
122	Adriana	Hagen	00:49:44	144	Female	5km
123	Johan	Crafford	00:49:47	142	Male	5km
124	Cole	Johnston	00:49:49	135	Male	5km
125	Troy	Van Eck	00:49:50	102	Male	5km
126	Fraser	Johnston	00:50:04	133	Male	5km
127	Paul	Van Eck	00:50:07	99	Male	5km
128	Ockert Wilhelm	Spruyt	00:50:26	63	Male	5km
129	Johlize	Spruyt	00:50:27	62	Female	5km
130	Jessica	Paverd	00:50:28	87	Female	5km
131	Jenna	Morris	00:50:29	121	Female	5km
132	Amy	Overington	00:50:37	196	Female	5km
133	Deva	Smith	00:50:40	1465	Female	5km
134	Carey	Frost	00:50:45	59	Female	5km
135	Michelle	Morris	00:50:55	123	Female	5km
136	Jenny	Paverd	00:51:21	88	Female	5km
137	Amanda	Esterhuizen	00:51:24	69	Female	5km
138	Alison	Kleu	00:51:25	1464	Female	5km
139	Jo-Anne	Bennett	00:51:26	1458	Female	5km
140	Kaylagh	Macfarlane	00:51:30	2	Female	5km
141	Angie	Doidge	00:52:08	1459	Female	5km
142	Chelsea	Harvey	00:52:55	208	Female	5km
143	Michelle	Matthews	00:53:37	48	Female	5km
144	Zayn	Kaptein	00:53:38	49	Male	5km
145	Camilla	Gerber	00:53:41	213	Female	5km
146	Hannelie	Engelbrecht	00:54:13	57	Female	5km
147	Andrè	Engelbrecht	00:54:14	56	Male	5km
148	Jemma Sky	Linnegar	00:54:16	19	Female	5km
149	Grete	Spruyt	00:54:17	64	Female	5km
150	Sabrina	Oschmann	00:54:46	159	Female	5km
151	Kailee	Pelino	00:54:51	155	Female	5km
152	Madee	Johnston	00:54:52	134	Female	5km
153	Vince	Oschmann	00:55:06	161	Male	5km
154	Melony	Wright	00:55:38	58	Female	5km
155	Sue	Morrison	00:55:40	60	Female	5km
156	Lucy	Peel	00:55:43	198	Female	5km
157	Andrew	Peel	00:55:44	197	Male	5km
158	Yolanda	Kruger	00:55:49	34	Female	5km
159	R	Kruger	00:55:51	33	Male	5km
160	Gilbert	Kruger	00:55:53	26	Male	5km
161	Louisa	Oschmann	00:55:54	160	Female	5km

162	Douglas	Street	00:55:57	3	Male	5km
163	Kevin	Price	00:55:58	1	Male	5km
164	Kristin	Morris	00:55:59	122	Female	5km
165	Alan	Morris	00:56:04	120	Male	5km
166	Danielle	Goosen	00:56:05	207	Female	5km
167	Beverley	Marchant	00:56:19	39	Female	5km
168	Liesl	Van Huysteen	00:57:21	108	Female	5km
169	Ami	Parrott	00:57:48	109	Female	5km
170	Michelle	Van staden	00:57:49	107	Female	5km
171	Nicolaas	Laubscher	00:57:40	1595	Male	5km
172	Tessa	Ellis-Brown	00:58:06	61	Female	5km
173	Lindsay	Miles	00:58:18	111	Female	5km
174	Patrick	Skeates	00:59:05	45	Male	5km
175	Candice	Horne	00:59:05	203	Female	5km
176	Sarah Faye	de Muynk	00:59:36	22	Female	5km
177	Dorothy	Van Der Walt	01:00:01	110	Female	5km
178	Amy	van Rensburg	01:00:47	151	Female	5km
179	Susan	Purchase	01:00:48	150	Female	5km
180	Dominique	Ortone	01:00:50	149	Female	5km
181	Craig	Wilson	01:00:51	42	Male	5km
182	Bernadette	Wilson	01:00:53	43	Female	5km
183	Jacqueline	Skeates	01:00:56	44	Female	5km
184	Deidre	Thomass	01:00:59	82	Female	5km
185	Tracey	Van der Merwe	01:01:00	81	Female	5km
186	Audrey	Visser	01:01:12	89	Female	5km
187	Georgia	Kent	01:01:13	78	Female	5km
188	Emma	Coenen	01:01:27	177	Female	5km
189	Nicky	Coenen	01:01:38	180	Female	5km
190	Max	Du Plooy	01:02:12	54	Male	5km
191	Joshua	Miles	01:02:13	225	Male	5km
192	Tracey	Miles	01:02:18	226	Female	5km
193	Alexander	Kent	01:02:19	77	Male	5km
194	Meg	Carter	01:02:20	75	Female	5km
195	Karen	Du Plooy	01:02:21	53	Female	5km
196	Chantal	Pillaye	01:02:56	187	Female	5km
197	Bronwyn	Johnstone	01:02:57	190	Female	5km
198	Carolann	Rutter	01:02:58	188	Female	5km
199	Michael	Coenen	01:03:17	179	Male	5km
200	Matthew	Coenen	01:03:18	178	Male	5km
201	Chris	Paverd	01:03:20	86	Male	5km
202	Chloe' Rose	Linnegar	01:03:32	18	Female	5km
203	Jontelle	Linnegar	01:03:33	20	Female	5km
204	Ian	Goddard	01:03:56	14	Male	5km
205	Wayne	Paverd	01:04:51	85	Male	5km
206	Widad	Marnewick	01:05:00	90	Female	5km
207	Faith	Pieterse	01:05:01	91	Female	5km
208	Kelsey	Le Voy	01:05:02	181	Female	5km
209	Robert	Fleck	01:05:03	184	Male	5km
210	Ava	Klerck	01:05:37	130	Female	5km
211	Sarah	Klerck	01:05:38	131	Female	5km
212	Johan	Marais	01:05:38	1442	Male	5km
213	Shelley	Cowling	01:05:46	185	Female	5km
214	Caitlin	Tyldesley	01:05:47	202	Female	5km
215	Bridget	Van Eck	01:05:55	100	Female	5km

216	Jared	Van Eck	01:05:56	101	Male	5km
217	Emma	Johnston	01:05:57	132	Female	5km
218	Finished twice		01:06:00	134		5km
219	Lizette	Ord	01:06:03	164	Female	5km
220	Tanya	Esterhuizen	01:08:45	70	Female	5km
221	Erin	Leo	01:10:22	67	Female	5km
222	Tamryn	de Abreu	01:10:23	106	Female	5km
223	Mary	Langebrink	01:11:05	165	Female	5km
224	Priscilla	Pretorius	01:12:13	68	Female	5km
225	Ema	Harper	01:12:13	223	Female	5km
226	Fiona	Macmillan	01:12:47	147	Female	5km
227	Heidi	Stander	01:14:30	148	Female	5km
228	Charleen	Hingle	01:18:49	158	Female	5km
229	Gillian	Grobbelaar	01:18:50	None	Female	5km

Position	First Name	Last Name	Time	Bib No	Gender	Distance
1	Stephen	Davis	00:44:04	2903	Male	10km
2	Karl	Midlane	00:45:21	2930	Male	10km
3	Dale	Hampson	00:48:32	1542	Male	10km
4	Mike	O'Donovan	00:48:49	2931	Male	10km
5	Mark	Gebhardt	00:48:50	1636	Male	10km
6	Neil	Vallance	00:50:08	1533	Male	10km
7	Ashley	Hampson	00:50:20	1543	Male	10km
8	Julie	Huckle	00:51:05	1611	Female	10km
9			00:51:10	1472		10km
10	Brandon	Hampson	00:51:26	1541	Male	10km
11	William	Greig	00:53:33	1532	Male	10km
12	Gareth	Payne	00:53:35	1587	Male	10km
13	Michael	Saharin	00:54:11	1639	Male	10km
14	Gregor	Coldewood	00:54:34	1484	Male	10km
15	Caitlin	Hayward	00:54:50	1598	Female	10km
16	Cameron	Garde	00:56:02	1474	Male	10km
17	Jana	Van der Merwe	00:56:40	2892	Female	10km
18	Micaela	Clifford	00:56:47	2927	Female	10km
19	Shaheed	Jassiem	00:56:58	1447	Male	10km
20	Cronje	du Plessis	00:57:28	1489	Male	10km
21	Michael	Ralph	00:58:24	1591	Male	10km
22	Noeleen	van der Leek	00:58:44	1491	Female	10km
23	Angus	Mullins	00:58:47	1471	Male	10km
24	Dominic	Birch	00:58:56	1495	Male	10km
25	Ida Amalie	Lund	00:59:21	1609	Female	10km
26	Nicholas	Woudberg	01:00:25	1530	Male	10km
27	Peter	da Ribeira	01:01:23	1545	Male	10km
28	Ian	Glass	01:01:25	1537	Male	10km
29	Jessica	Glass	01:01:26	1538	Female	10km
30	Jacqui	Thomas	01:01:35	1536	Female	10km
31	Bruce	Deneys	01:01:43	1650	Male	10km
32			01:01:49	1486		10km
33	Tarn	Hodson	01:02:12	1630	Female	10km
34	Fazlul	Pather	01:03:01	1436	Male	10km
35	Leon	Keyser	01:03:03	1521	Female	10km
36	Emelia	Crause	01:03:15	1618	Female	10km
37	Greg	Saharin	01:03:48	1638	Male	10km
38	Cathy	Rode	01:04:11	1601	Female	10km
39	Nicolette	Lennox	01:04:51	1641	Female	10km
40	Ashley	Radue	01:05:01	1540	Female	10km
41	Kenya	Addison	01:05:15	1631	Female	10km
42	Alan	Kalton	01:05:27	1468	Male	10km
43	John	Mullins	01:05:29	1469	Male	10km
44	Bianca	Kaiser	01:05:39	2897	Female	10km
45	Frankie	Fleck	01:06:20	2893	Female	10km
46	Jake	Rigby	01:06:23	1439	Male	10km
47	Geoff	Howard	01:06:54	1646	Male	10km
48	Samantha	Bastick	01:07:09	1463	Female	10km
49	Robert	Horne	01:07:19	2932	Male	10km
50	Robyn-Leigh	Roscher	01:07:23	1437	Female	10km
51	Rene	Arenhold	01:07:25	1511	Female	10km

52	Laura	Blake	01:07:41	1534	Female	10km
53	Gary	Pomario	01:07:43	1535	Male	10km
54	Candice	Winterboer	01:08:06	2924	Female	10km
55	Steve	Borloz	01:08:07	2895	Male	10km
56	Eve	Berman	01:08:22	1579	Female	10km
57	Paula	Casey	01:08:24	1549	Female	10km
58	Estine	Lategan	01:08:40	2916	Female	10km
59	Zonika	Venter	01:08:41	1523	Female	10km
60	Andrew	Harris	01:08:41	1481	Male	10km
61	Sabine	Bergler	01:08:42	2934	Female	10km
62	Taegan	Felton	01:08:54	1494	Male	10km
63	Louis	Visser	01:09:26	2902	Male	10km
64	Michaela	van Niekerk	01:10:00	1499	Female	10km
65	Staci	Warrington	01:10:09	1604	Female	10km
66	Michaela	Hart	01:10:09	1605	Female	10km
67	Linda	Kliche	01:10:16	1503	Female	10km
68	Liesl	Felton	01:10:18	1493	Female	10km
69	Frida	Viviers	01:10:19	1634	Female	10km
70	Marcelino	Apolles	01:10:20	2894	Male	10km
71	DJ	Steyn	01:10:46	1608	Male	10km
72	Lucy	Berndt	01:11:39	1607	Female	10km
73	Amber	Gardiner	01:11:40	1633	Female	10km
74	Lara	Muller	01:11:42	1548	Female	10km
75	Cornelia	Lamb	01:11:43	1485	Female	10km
76	Alexandra	Peel	01:11:44	2926	Female	10km
77	Kristin	Kinmont	01:11:59	1614	Female	10km
78	Theresa	Parsraman	01:12:08	1519	Female	10km
79	Sue	Gardner	01:12:20	1443	Female	10km
80	Nicola	Ralph	01:13:01	1592	Female	10km
81	Jessica	De Jager	01:13:01	1628	Female	10km
82	Mari	Van der Merwe	01:13:02	1589	Female	10km
83	Lorraine	Nevin	01:13:20	1619	Female	10km
84	Samantha	Brinkmann	01:13:21	1606	Female	10km
85	Sasha	Ella	01:13:22	1504	Female	10km
86	Frances	Robertson	01:13:23	1473	Female	10km
87	Linda	Balme	01:13:50	1623	Female	10km
88	Dylan	Wallace	01:13:59	2922	Male	10km
89	Lisa	White	01:14:00	1599	Female	10km
90	Summer	Smith	01:14:01	1597	Female	10km
91	Inge	Reissenzahn	01:14:21	1622	Female	10km
92	Bev	Morris	01:14:22	1632	Female	10km
93	Jillian	Rigby	01:14:25	1438	Female	10km
94	Lynn	Farrell	01:14:26	1518	Female	10km
95	Catherine	Harris	01:14:38	1642	Female	10km
96	Tanya	van der Westhuizen	01:14:47	2923	Female	10km
97	Martin Bernhard	Pedersen	01:14:51	1610	Male	10km
98	Bronwen	Thomas	01:15:06	2935	Female	10km
99	Caroline	de Wet	01:15:07	1496	Female	10km
100	Sharon	Mc Auliffe	01:15:08	1498	Female	10km
101	Jaqueline	Loydell	01:15:09	1497	Female	10km
102	xxx		01:15:13	1850		10km
103	Duncan	Laurenson	01:15:21	1635	Male	10km

104	Thomas	Scott	01:15:22	1516	Male	10km
105	David	Rigby	01:15:23	1440	Male	10km
106	Keith	Armstrong	01:15:24	1448	Male	10km
107	Elmarie	Stodart	01:15:35	1594	Female	10km
108	Yao	Lu	01:15:38	1585	Female	10km
109	Marlene	Meyer	01:16:05	2905	Female	10km
110	Lizette	van Niekerk	01:16:06	1449	Female	10km
111	Nadia	Greeff	01:16:29	1584	Female	10km
112	Trish	Gilmour	01:16:30	1488	Female	10km
113	Shelley	Redelinghuys	01:16:31	1513	Female	10km
114	Ashley	Taylor	01:16:32	1526	Female	10km
115	Lelani	Maree	01:16:34	1480	Female	10km
116	Fred	Whelpton	01:16:35	1477	Male	10km
117	Joni	Watson	01:16:50	1470	Female	10km
118	David	Solomon	01:17:45	1616	Male	10km
119	Melissa	Reynolds	01:17:53	1507	Female	10km
120	Patrick	Mitchell	01:17:54	1509	Male	10km
121	Cole	Knowles	01:18:14	1603	Male	10km
122	Tarryn	Powell	01:18:18	1602	Female	10km
123	Ozanam 'Ozzie'	Carolissen	01:18:25	1457	Male	10km
124	Kim	da Ribeira	01:19:07	1544	Female	10km
125	Barbara	Harris	01:19:09	1482	Female	10km
126	Kathryn	Mason	01:19:11	1479	Female	10km
127	Shona	Troost	01:19:12	1627	Female	10km
128	Tim	Pearce	01:19:12	1615	Male	10km
129	xxx		01:19:23	1828		10km
130	Catherine	Williams	01:20:39	1531	Female	10km
131	Donna	Reynolds	01:20:43	1505	Female	10km
132	Lauren	Badenhorst	01:20:44	1577	Female	10km
133	Nicholas	Price	01:20:49	1435	Male	10km
134	Lesley	Price	01:20:50	1434	Female	10km
135	Graham	Reynolds	01:20:58	1506	Male	10km
136	Clea	Greig	01:21:14	2899	Female	10km
137	Mark	Greig	01:21:16	2901	Male	10km
138	Elisabeth	Taylor	01:21:28	1527	Female	10km
139	James	Tunncliffe	01:21:55	1645	Male	10km
140	Kim	Marais	01:21:56	1643	Female	10km
141	Greta	Tunncliffe	01:21:57	1644	Female	10km
142	Kimberley	Price	01:22:20	1629	Female	10km
143	Kim	Buchholtz	01:23:04	1593	Female	10km
144	Imogen	Greig	01:23:08	2900	Female	10km
145	Ryan	Ord	01:23:13	1620	Male	10km
146	Bronwen	Reynolds	01:23:42	1508	Female	10km
147	Christa	Whelpton	01:24:09	1476	Female	10km
148	Mira	Farinha	01:24:42	2920	Female	10km
149	Danie	Calitz	01:24:53	2906	Male	10km
150	Steven	O'Connor	01:25:15	1624	Male	10km
151	Megan	Kluyts	01:25:16	1626	Female	10km
152	Vicki	Edwards	01:25:17	1475	Female	10km
153	Adam	van Heerden	01:26:25	2918	Male	10km
154	Hester	Slabbert	01:26:33	1596	Female	10km
155	Lientjie	Venter	01:26:41	1578	Female	10km



156	Tania	Keyser	01:26:42	1522	Female	10km
157	Emma	Sephton	01:27:13	2929	Female	10km
158	Hannah	Mort	01:28:01	1515	Female	10km
159	Roan	Dearham	01:28:06	1582	Male	10km
160	Karen	Cloete	01:28:48	1466	Female	10km
161	Carla	Vorster	01:29:03	1588	Female	10km
162	Bernard	Schietekat	01:29:04	1586	Male	10km
163	Kim	Mulock Houwer	01:31:09	1647	Female	10km
164	Deon	Small	01:31:10	1648	Female	10km
165	Linda	Guignard	01:31:42	1637	Female	10km
166	Chantelle	Horn	01:32:30	1483	Female	10km
167	Alaine	Rossouw	01:32:36	1640	Female	10km
168	Jo	Goddard	01:34:39	1446	Female	10km
169	JP	Farinha	01:35:26	2921	Male	10km
170	Rafael	Farinha	01:35:38	2919	Male	10km
171	Wendy	Coetsee	01:36:05	1478	Female	10km
172	Wiedaad	Nordien	01:37:53	1453	Female	10km
173	Monique	Human	01:37:55	1600	Female	10km
174	Iaan	Krynauw	01:38:06	2917	Male	10km
175	Suska	Snyman	01:38:18	1581	Female	10km
176	Johan	Esterhuizen	01:38:20	1583	Male	10km
177	Lisa	van Niekerk	01:39:49	1500	Female	10km
178	Suria	Engelbrecht	01:40:15	2896	Female	10km
179	Melinda	Beetge	01:40:16	2933	Female	10km
180	Rholda	Hassa	01:40:45	1454	Female	10km
181	Cashiefa	Omar	01:40:47	1456	Female	10km
182	Sharon	Calitz	01:41:04	1492	Female	10km
183	Michelle	Loftus	01:42:13	1529	Female	10km
184	Jon	Wilson	01:42:41	1444	Male	10km
185	Kim	Willemse	01:42:42	1445	Female	10km
186	Amber	Baumgarten	01:43:52	2925	Female	10km
187	Janet	Gutsche	01:43:54	2928	Female	10km
188	Lauren	Cloete	01:45:10	1467	Female	10km
189	Sonia	Baumann	14:45:50	1613	Female	10km
190	Zarina	Mohamed-Fakier	01:50:06	1452	Female	10km
191	Fatima	Sait	01:50:07	1455	Female	10km
192	Elizabeth	Sale	01:51:22	1612	Female	10km
193	Nicola	Cafun	01:51:32	1590	Female	10km
194	Carol	Dick	01:52:09	1450	Female	10km
195	Ann	Stead	01:52:56	1451	Female	10km
196	Avril	Beukes	01:52:58	2904	Female	10km
197	Sarah	Mort	01:54:35	1514	Female	10km
198	Susan	O'Connor	01:55:34	1625	Female	10km
199	Leigh	Goldschmidt	02:08:09	1487	Female	10km