

15km Men

Pos	Name	Surname	Time	Bib No	Distance	Gender
1	Alvaro	de Nobrega	1:10:01	264	15km	Male
2	Riaan	vd Sandt	1:11:33	308	15km	Male
3	Thato	Leeuw	1:13:34	321	15km	Male
4	Eugene	Marais	1:22:15	281	15km	Male
5	Willem	Haarhof	1:23:20	347	15km	Male
6	Niek	Harteveld	1:28:10	340	15km	Male
7	Marc	Wiersba (OTSR Medic)	1:28:34	310	15km	Male
8	Pieter	Breytenbach	1:29:44	319	15km	Male
9	Marais	Kruger	1:30:03	290	15km	Male
10	Raymond	Bloem	1:33:33	323	15km	Male
11	Antley	Vertue	1:35:11	329	15km	Male
12	Michael	Rorke	1:35:25	291	15km	Male
13	Tez	Ferguson	1:39:13	301	15km	Male
14	Petra	Schreuder	1:40:31	326	15km	Male
15	Dirk	Wessels	1:53:23	275	15km	Male
16	Deon	Greenwood (OTSR Medic)	1:56:39	311	15km	Male
17	Kevin	Brown	1:57:42	325	15km	Male
18	Carel	Lategaan (OTSR Medic)	1:57:45	312	15km	Male
19	Lenn	Clark	1:59:31	318	15km	Male
20	Francois	van Eck	1:59:32	330	15km	Male
21	Barend	van der Merwe	2:04:39	270	15km	Male
22	Stefan	Swanepoel	2:14:57	344	15km	Male
23	Eugene	Nell	2:15:17	280	15km	Male
24	Jacques	Lourens	2:18:53	336	15km	Male
25	Murray	Reid (OTSR Medic)	2:31:28	314	15km	Male
26	Pieter	Zaayman	DNF	293	15km	Male

15km Women

Pos	Name	Surname	Time	Bib No	Distance	Gender
1	Elize	Kloppers	1:30:09	276	15km	Female
2	Simone	Le Roux	1:31:11	298	15km	Female
3	Chane	Gricius	1:36:28	348	15km	Female
4	Beate	Parsons	1:39:04	271	15km	Female
5	Leonie	Cooper	1:44:13	324	15km	Female
6	Antonia	de Wet	1:45:02	269	15km	Female
7	Tina	van Wyk	1:45:14	322	15km	Female
8	Katelyn	Mullon	1:45:22	288	15km	Female
9	Gwen	Hobson	1:45:24	343	15km	Female
10	Gaelyn	Slabber	1:46:58	332	15km	Female
11	Kirsty	Chambers	1:50:24	289	15km	Female
12	Tertia	Bruwer	1:50:59	300	15km	Female
13	Mandie	Zietsma	1:57:49	331	15km	Female
14	Annelise	Naude	1:58:52	267	15km	Female
15	Karina	Wittmann	1:58:55	287	15km	Female
16	Tienie	Ferreira	2:00:08	302	15km	Female
17	Petro	Simmonds	2:00:54	292	15km	Female
18	Bridget	Pyton (OTSR Medic)	2:06:35	315	15km	Female
19	Julie	Chevalier	2:11:17	346	15km	Female
20	Anet	Zaayman	2:11:21	265	15km	Female
21	Elma	Schwartz	2:13:58	333	15km	Female
22	Emma	Rorke	2:13:59	278	15km	Female
23	Toelie	Barnard	2:14:26	303	15km	Female
24	Hayley	Elsom	2:14:35	283	15km	Female
25	Gayle	Swanepoel	2:15:00	345	15km	Female
26	Bianca	Schlimmer	2:18:53	337	15km	Female
27	Rene	Mouton	2:25:46	342	15km	Female
28	Amanda	Denny	2:25:47	341	15km	Female
29	Alta	Zeelie	2:27:25	263	15km	Female
30	Yolanda	Evans	2:29:30	307	15km	Female
31	Rika	Spang	2:31:17	295	15km	Female
32	Ronel	Pieterse	2:31:18	296	15km	Female
33	Tracey	Van Niekerk	2:31:23	304	15km	Female
34	Hendrika	Zimmerman	2:31:23	284	15km	Female
35	Robyn	Reid (OTSR Medic)	2:31:28	313	15km	Female

5km Men

Pos	Name	Surname	Time	Bib No	Distance	Gender
1	Adriaan	de Bruyn	0:23:27	261	5km	Male
2	Alan	Louw	0:23:31	262	5km	Male
3	Len	Terblanche	0:24:26	317	5km	Male
4	Troy	Schofield	0:25:34	338	5km	Male
5	Shaun	Schofield	0:25:38	339	5km	Male
6	Ruben	Gouws	0:25:55	354	5km	Male
7	Sean	Louw	0:26:49	297	5km	Male
8	Luke	van As	0:28:05	328	5km	Male
9	Konrad	Gouws	0:28:52	353	5km	Male
10	Gerhard	Gouws	0:29:01	355	5km	Male
11	Tristan	Stead	0:32:37	305	5km	Male
12	Rico	Ferreira	0:49:02	294	5km	Male
13	Gavin	Warner	0:59:56	357	5km	Male
14	Gordon	Zimmerman	1:01:22	282	5km	Male
15	Daniel	Potgieter (OTSR Medic/Doctor)	1:05:17	309	5km	Male

5km Men



5km Women

Pos	Name	Surname	Time	Bib No	Distance	Gender
1	Lome	Gouws	0:25:41	352	5km	Female
2	Elsabe	Gouws	0:28:59	356	5km	Female
3	Jenna	Rooyakkers	0:29:45	285	5km	Female
4	Angele	Rooyakkers	0:30:15	266	5km	Female
5	Emelia	Crause	0:30:45	277	5km	Female
6	Courtney	Bunge	0:32:40	273	5km	Female
7	Mari	Neethling	0:32:47	320	5km	Female
8	Hanri	Cordier	0:39:41	334	5km	Female
9	Retha	Turvey	0:39:41	335	5km	Female
10	Danica	Van Rensburg	0:57:31	274	5km	Female
11	Guenola	Blaize	0:57:33	349	5km	Female
12	Marthy	Mouton	0:57:36	351	5km	Female
13	Jane	Mouton	0:57:37	350	5km	Female
14	Esmie	Liebenberg	0:57:58	279	5km	Female
15	Joanelda	Brandt	0:59:43	286	5km	Female
16	Anri	Liebenberg	1:01:59	268	5km	Female
17	Wanda	Ferreira	1:05:03	306	5km	Female
18	Elizabeth	Vertue	1:05:03	327	5km	Female